

# WRITING WEEKEND FOR ACADEMICS (20-22 MAY 2022)

## PREPARATION MATERIALS

### **TRAIN YOUR WRITING: THE 15 MINUTE/DAY [ACADEMIC WRITING CHALLENGE](#)**

Writing is something that you need to practice. Start today with this writing challenge, designed by Jo van Every, conducting 15 minutes of free writing for 15 minutes. Or build up a sublime endurance as an academic writer with spending daily 30 minutes on academic writing.

### **TRAIN YOUR FOCUS: DEFINE WHAT YOU WANT AND WHY / LEARN ABOUT [DEEP WORK BY CAL NEWPORT](#) / LEARN TO [MEDITATE](#)**

An academic has three resources: focus, energy, and time. Actions (like writing) will follow if these sources are in balance. Focus comes from within, and it is about being disciplined, goal-oriented, and purposeful. The purpose is strongly related to intention, meaning: being thoughtful about what you want to get out of this weekend. The latter we explore and define during the intake.

### **CHECK OUT THESE TARA BRABAZON VLOGS**

- > [Vlog 207](#): How to set up your life to write
- > [Vlog 231](#): Quick fixes to improve your academic writing

### **LISTEN TO THIS PODCAST / READ THESE BLOGS**

- > [Your Brain on Writing](#), by the [Thesis Whisperer](#)
- > [The PhD Supply Chain Problem](#), written by the [Thesis Whisperer](#)
- > Top tips resources for Academic Writing [published soon]

### **COLLECT ALL YOUR MATERIALS BEFORE THE START OF THE WEEKEND**

- > Double-check the docs upfront to make sure everything is there, and make sure it is available on your laptop and in the cloud.
- > Gather missing information, from data to books.